

# Knoxville Arts and Fine Crafts Center

January-May 2012



Phone 865-523-1401  
FAX 865-523-1615

Joe Walsh, Director  
Knoxville Parks and Recreation

## Happy New Year!

January is the perfect time to sign up for that watercolor, drawing or pottery class you've always thought about trying. The days are short, no lawns to mow, and best of all the craft center offers a variety of classes and workshops to fit into your schedule.

Home school children and parents will enjoy the new enrichment classes taught by educator/ artist, Liz Margush. These four week sessions focus on physics, biology, chemistry and earth science. These

classes include hands on experiments that make learning fun.

Knoxville Arts and Fine Crafts Center is also pleased to showcase Nancy Roberson as our featured artist from January-March. Nancy has played a vital role as an educator at the craft center for more than thirty years. Nancy's passion and expertise is in fiber art, however, she teaches a wide variety of classes including basketry, paper making, silk painting, batik, tie dye and weaving on a four harness floor loom. Nancy is also a certified fit-

ness instructor and health advocate for all ages. She enjoys teaching hoop-fit, yoga and fitness classes as well as volunteers her time teaching basic yoga classes to the mentally and physically challenged.

Hope to see you!  
Cathy

## Winter/Spring 2012

Monday	9:00-8:00
Tuesday	9:00-8:00
Wednesday	8:30-4:00
Thursday	9:00-8:00
Friday	9:00-4:00

(Call to confirm Friday hours, which may vary due to staff meetings and outreach programming).

Saturday	10:00-2:00
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### STAFF & INSTRUCTORS

*Cathy Maples*, Director  
*Elise Murphy*, Art Specialist  
*Leah Rose*, Intern  
*Jackie Mirzadeh*, Pottery  
*Anna Gundlach*, Sculpture  
*Mark Smothers*, Oil Painting  
*Susie Holt*, Watercolor & Drawing  
*Betty Fortenberry*, Acrylics  
*L'Jon Papillion*, Stained Glass  
*Susan Arbutal*, Healthy Foods  
*Nancy Roberson*, Fiber & Basketry  
*Sandy Larson*, Dance and Yoga  
*Liz Margush*, Crochet & Cross-stitch  
*Lori Sloan*, Sewing  
*Clay Thurston*, Photography  
*Kara Pritchard*, Kindermusik

### TO REGISTER

Call the Knoxville Arts and Fine Crafts Center at **865-523-1401**. Registration may be made by phone or in person at the center. Payments are due at the time of registration or within five working days if registering by phone. **Please note that no student's space will be held without full payment.** Cash or checks are accepted, no credit cards please. Due to the popularity of the classes, we will no longer prorate sessions. If you miss a class you will not be compensated.

**VISIT US ONLINE**  
[www.cityofknoxville.org/recreation/arts](http://www.cityofknoxville.org/recreation/arts)

### CANCELLATIONS & REFUNDS

We reserve the right to cancel any class with insufficient enrollment. Fees are 100% refundable if the class is canceled by Knoxville Arts and Fine Crafts Center, or if a student drops a course ten days prior to the class beginning. No refunds are given after that time.

### EXHIBITS

#### January-March

Fiber Art  
By: *Nancy Roberson*

#### April-June

Rug Hooking  
By: *Gail Hill*



## PRESCHOOL CLASSES



### Ages Newborn to 18 months w/ parent

#### Village, A Bonding Experience

Thursday, January 26-April 26 (14-weeks)

9:00-9:45 a.m., \$240.00 (Includes home materials)

Instructor: *Kara Pritchard*

**Village** is for lap babies, crawlers and walkers. It is a delightful environment unlike any other. Through a unique blend of multi-level activities that include creative movement, vocal play, object and instrument exploration with a literature component. Baby's growth and development are stimulated and all senses are engaged.

### Ages 1 1/2 -3 1/2 w/ parent, Our Time on the Go

Thursday, January 26-April 26 (14-weeks)

10:00-10:45 a.m., \$230.00 (Includes home materials)

Instructor: *Kara Pritchard*

**Our Time** is a unique opportunity for parents and toddlers to interact and learn together in an unhurried and joyful environment. It encourages toddlers to uncover an engaging musical world while building confidence, self control and communication skills.

### Ages 1 -3 1/2, Play Date with Kindermusik

First Saturday of each month

11:00-11:45 a.m. \$15 one child \$10 each additional (Pre-registration required, classes must have 5 students to occur).

Instructor: *Kara Pritchard*

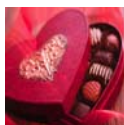
The play date class is a fun, single session class designed where we will sing, move, and experiment with instruments and read a story just like any other Kindermusik class. The price for your play date class even includes a Kindermusik surprise.

### Ages 4-6 w/ parent, Valentine Surprise

Saturday, February 11

10:00-11:00 a.m., \$10.00

Instructor: *Cathy Maples*



Celebrate the season of Love! Join Cathy at the craft center and create a beautiful Valentine box and fill it with a selection of individually wrapped chocolates. The box will be decorated with lace, pearls, ribbons and jewels. These Valentine gifts are the perfect way to say I love you to someone special.

### Ages 3-5, Pre-Ballet/Tap (two, 9-week sessions)

Tuesday, January 10-March 6 and

Tuesday, March 13-May 8

3:45-4:30 p.m., \$90.00

Instructor: *Sandy Larson*

Classes are designed to instill in preschoolers the joy of dance as an art form. Students will learn proper technique, dance terms, enhance movement and develop rhythm, motor skills, attention development and coordination. Our pre-ballet classes are theme based with each class centered around popular ballets and children's favorites. Students should wear leotards.

## YOUTH

### Ages 6-9, Beginner Ballet, Tap and Jazz

Tuesday, January 10-March 6 and

Tuesday, March 13-May 8 (two sessions)

4:30- 5:30 p.m., \$90.00

Instructor: *Sandy Larson*



These classes focus on the fundamentals of classical ballet and jazz, complete with barre and floor work-out, stretching and combinations. Ballet will give the student grace and poise, with tap and jazz allowing for creativity and freedom of movement. Sandy is a professional dancer and choreographer. There are several opportunities for students to perform throughout the year.

### Ages 10-Adults. Home School Pottery Class

(Students may take independently or with a parent)

Monday, January 30-February 27 (5-weeks)

9:00 -11:00 a.m., \$115.00

Instructors: *Cathy Maples & Elise Murphy*

In this class, students will experience throwing on the potter's wheel and hand building with clay. Students will also learn the basics of how to wedge and center clay, and hopefully make an assortment of different shaped vessels such as cups, vases, bowls and mask to use and enjoy. A variety of food safe glazes will be available to choose from. All pieces will be fired and ready for pickup in about 10 days.

### Ages 8-13 Art 101 (4-weeks)

Monday, March 5-26

4:00-5:45 p.m., \$60.00

Instructor: *Elise Murphy*

Join us in this mixed media art class and get a taste of all the different things the arts have to offer! In this course, students will experiment with different art

mediums including clay sculpture, drawing, painting and printmaking. Each week will be a different subject and all materials are included. This class is great for the beginner or for students who have had some prior art instruction!

### Enrichment Classes for Talented/Gifted Students Designed for Home-Schooled Students

(4-week sessions, \$75.00 each)

Instructor: *Liz Margush*



#### Phenomenal Physics

Monday, January 23-February 13

9:30-11:30 a.m.

In this class students will explore the relationship between energy and matter. How does force and motion work? How do you build a flashlight or create a water prism? Electricity, sound, light, and magnetism are but a few of the subjects to be explored.

#### Biology Blast

Monday, February 20-March 12

9:30-11:30 a.m.

Have you ever thought about building a farm for earthworms? Ever wondered what the difference is between a butterfly and a moth? In this class we will discuss our five senses to observe and record our discoveries about plants and animals. Students will explore living organisms: what they look like, how they act, and where they live.

#### Crazy Chemistry

Monday, March 19-April 9

9:30-11:30 a.m.

It's time for bubbling, oozing, dripping-fun experiments! Students will make something new by mixing chemicals together. We will freeze it, heat it, melt it, and dissolve it and see what happens! Will we produce a solid, a liquid, or a gas? Discover the difference between a physical change and a chemical change as we embark on a chemistry adventure!

#### Exhilarating Earth Science

Monday, April 16-May 7

9:30-11:30 a.m.

Students will collect rocks and minerals and classify them. Then we will discover what makes a volcano erupt. Ever wondered how things work under the ocean? Let's learn about the water cycle, erosion, and weathering, too. Students will study the resources on our planet and learn how to take care of them.

## ADULT CLASSES

### Pottery: Beginner & Intermediate Wheel Throwing

#### Session I (8-weeks)

Tuesday, January 10-February 28

5:30-8:00 p.m. \$230.00 or

Thursday, January 12-March 1

5:30-8:00 p.m., \$230.00

Instructor: *Jackie Mirzadeh*

Designed for the beginner or intermediate student, this class will emphasize throwing functional forms on the potter's wheel. Trimming, adding handles, decorative techniques and glazing will also be covered. Pieces are fired to cone 6 oxidation. Class fees include up to 50 lbs. of clay, use of tools, glazes, firing and independent studio time. (For students who wish to purchase additional clay, there is a \$50.00 fee per 25 pound bag, which includes glazing and firing).

#### Pottery : Stack It! Lift It!- A Wheel Throwing Class for Intermediate / Advanced Students

Monday, January 9-March 5

5:30 p.m.- 8:00 p.m., \$230.00 or

Wednesday, January 11-February 29

10:00 a.m.-12:30 p.m., \$230.00 (8-weeks)

Instructor: *Jackie Mirzadeh*

Designed for the intermediate to advanced student (those who can throw a 7" cylinder) who want to create taller pieces. Learn techniques to add height to your thrown pots by stacking up pieces, adding necks and pedestal feet. Pieces are fired to cone 6 in an electric kiln. Class fees cover up to 50 pounds of clay, independent studio time, use of tools, glazing and firing. (For students who wish to purchase additional clay, there is a \$50.00 fee per 25 pound bag which includes glazing and firing fees).

#### Pottery: Beginner and Intermediate Wheel Throwing, Session II (8-weeks)

Tuesday, April 3-May 22

5:30-8:00 p.m., \$230.00 or

Thursday, April 5-May 24

5:30-8:00 p.m., \$230.00

Instructor: *Jackie Mirzadeh*

Designed for the beginner or intermediate student, this class will emphasize throwing functional forms on the potter's wheel. Trimming, adding handles, decorative techniques and glazing will also be cov-

ered. Pieces are fired to cone 6 oxidation. Class fees include up to 50 lbs. of clay, use of tools, glazes, firing and independent studio time. (For students who wish to purchase additional clay, there is a \$50.00 fee per 25 pound bag, which includes glazing and firing).

#### Pottery: Thrown and Altered Pieces

#### Designed for Intermediate / Advanced Students

Monday, April 2-May 21 (8 weeks)

5:30-8:00 p.m., \$230.00 or

Wednesday, April 4-May 23

10:00 a.m.-12:30 p.m., \$230.00

Instructor: *Jackie Mirzadeh*

Learn to think "outside the round"! In this class, students will throw conventional round forms and alter their shapes. Class will include paddling, faceting, darting, oval and square pots, and lids for altered forms. (For students who wish to buy additional clay, there is a \$50.00 fee for a 25 pound bag which includes glazing and firing).

#### Sculpture (two, 7-week sessions)

Thursday, January 12-February 23

Thursday, March 1-April 12

10:00 a.m.-12:30 p.m., \$150.00

Instructor: *Anna Gundlach*

Learn sculpture techniques while making a variety of objects from clay such as: handmade tiles, masks, pots, boxes, vases and more. Demonstration and personalized instruction allows all skill levels to work at their own pace and develop their own style. All pieces will be fired to 06. Surface enrichment techniques will be taught. Class includes 25 lbs. of clay, instruction, use of tools and firing fees.

#### Adult Oil Painting (Three, 6 week sessions)

Monday, January 23-February 27

Monday, March 5-April 9 or

Monday, April 16-May 21

6:00-8:00 p.m., \$125.00

Instructor: *Mark Smothers*

This course will be an introduction to oil painting, using traditional and contemporary styles. Students will learn to layer and create new colors. A canvas painting 16" X 20" should be completed by the end of the session. All materials and use of brushes and canvas are included. Students should bring a picture from a magazine or a photo to the first class for their subject matter.

#### Adult Drawing (6-week session)

Tuesday, March 13-April 17

10:00 a.m.-12:00 noon, \$90.00

Instructor: *Susie Holt*

Students will focus on mark making by using line. With pencil and charcoal, students will do thumbnail sketches, contour drawing, gesture drawing, value, scale and shadowing. This six-week class is both for the beginner and intermediate student who has had some drawing experience. All materials are provided.

#### Adult Watercolor (6-week session)

Tuesday, April 24-May 29

10:00 a.m.-12:00 noon, \$90.00

Instructor: *Susie Holt*

An adult approach to basic glazing with color, modeling form with color, and creatively learning basic design composition will be covered. Primary colors will be used to learn principles of mixing colors. A painting should be completed by the end of this six-week session. Students should purchase their own basic set of brushes.

#### Acrylic Painting (Three, 6-week sessions)

Day or evening classes available

Tuesday, January 10-February 14

10:00 a.m.-12:00 noon or

Thursday, February 23-March 29

5:30-7:30 p.m. or

Thursday, April 5-May 10

5:30-7:30 p.m., \$90.00

Instructor: *Betty Fortenberry*

You no longer need to be intimidated by a blank canvas! Discover how to take your favorite photo or subject or scene and turn it into a work of art. Beginning and intermediate students will learn everything from the basics of drawing and composition to painting technique styles. Students need to purchase a set of acrylic paint brushes. A 16" X 20" canvas and use of acrylic paints are included with personalized instruction. Expect to complete a finished painting and have fun in the learning process. Students should bring a picture from a magazine or photo to the first class for their subject matter.



### Adult Stained Glass

Saturday, January 21– February 11 (*4-weeks*)

8:30-12:30 p.m., \$135.00

Instructor: *L'Jon Papillion*

Join the revival of stained glass! Whether you are a beginner or need a class to focus on the art, this informative class is for you. Students will meet for four weeks and should have a beautiful finished piece of art at the end of the session. All tools, work boards, and patterns are included. Students are responsible for purchasing their own glass and metal. Students will meet at 6:00 p.m. on Wednesday, January 18 prior to the first class to choose their patterns from the instructor, prior to purchasing their glass. L'Jon has been a professional artist and educator for more than 30 years.

### Glass Fusing Workshop

two dates to choose from:

Saturday, February 4 or April 28

9:00 a.m.-12:30 p.m. \$80.00

Instructor: *Kathy King*

During this one-day workshop, students will learn the basics of glass fusing. Students will make pendants and earrings using dichroic glass. They will learn how to cut, stack and glue their designs prior to firing. Finished fired pieces will be mailed to the students within the week. The materials fee includes supplies to produce three or four pieces. Additional glass may be purchased from the instructor. If students want to have additional pieces fired following the class a \$15.00 firing fee is available per shelf. Firing schedule must be approved by the staff.

### Precious Metal Clay (Silver Jewelry)

Two dates to choose from:

Saturday, January 14 or May 5

9:00 a.m. -12:30 p.m., \$85.00

Instructor: *Kathy King*

Precious metal clay (PMC) is a putty-like mix of silver powder, water, and binder that makes it possible for students to make real metal jewelry in a matter of hours. It can be molded and worked to make all kinds of jewelry, then dried and fired. When the water and binder are fired off, it leaves a 99.9% pure silver piece. A variety of techniques will be demonstrated to illustrate how to make pendants, earrings and other jewelry. You will only be limited by your imagination.

### Digital or (35 mm.) Photography

Workshop Two-day workshop



Friday, April 20 5:30-7:30 p.m. &

Saturday, April 21 9:00 a.m.-2:00 p.m., \$75.00

Instructor: *Clay Thurston*

This fun and educational workshop is both for beginner and intermediate students. The basics of how to use your camera more efficiently will be covered as well as how to improve the images that you are taking. You will learn about those numbers that are intimidating to some people, and make them work for you. Students will also learn about composing photographs...how to put a photograph together. Clay is a wildlife photographer, who has been teaching classes and workshops for more than twenty years. Students need to provide their own cameras.

### Square Bottom Easter Baskets

Wednesday, March 28

4:00-6:00 p.m., \$39.00

Instructor: *Nancy Roberson*

Learn to weave a beautiful 12"-14" square bottom basket using a variety of different colored reeds. These unique baskets would be perfect for Easter or to display hand towels in your bath. During this class, students will learn to make their own basket handles, and discuss the history of baskets and their many functions. All materials are included. Information about purchasing materials for future weaving projects will be shared.

### Silk Painting

Saturday, March 31

9:00-11:30 a.m., \$60.00

Instructor: *Nancy Roberson*

Learn how to create beautiful silk scarves and fabric. Painting on silk requires no formal painting instruction. The high quality French dyes move magically on the canvas of silk creating beautiful colors and designs. Learn how to stretch silk on a frame and how to apply dyes with watercolor brushes. Various techniques will be explored like wet on wet, wet on dry silk, watercolor, alcohol and salt. Students will complete a sampler of techniques and a beautiful silk scarf.

### Introduction to Sewing (two-day workshop)

Friday, March 16 & 23

5:30-7:30 p.m., \$60.00

Instructor: *Lori Sloan*



If you don't know how to sew, but would love to be able to make curtains for a window, pillows for your couch, or just be able to hem your pants this is the class for you. You can come with an idea for a project and your choice of fabric. You will get plenty of individual attention so you can complete your project during the class time. Bring the materials you need to the first class: pins, scissors and that sewing machine with which you want a better relationship. We also have sewing machines available for use.

### Introduction to Crochet

Thursday, January 26-February 16 (4 weeks)

5:30-7:30 p.m., \$60.00

Instructor: *Liz Margush*

Join in on the fun, rewarding art of crochet! Develop an understanding of fundamental stitches including single, half-double, double and crochet in the round. Each student will create several projects, including a colorful coaster, handy dishcloth, and matching cozy hat and scarf. Explore types of yarn and hooks to create a variety of styles and textures. Bring your choice of yarn and hook or use the materials provided. Light or bright colored, medium size 4 or worsted weight yarn and 5mm/US size H hook is recommended for beginners. This is a wonderful art form that's easy to transport anywhere you go.

### Cross Stitch Workshop

Saturday, March 3

9:00-11:30 a.m., \$40.00

Instructor: *Liz Margush*

Relax and enjoy learning basic cross-stitch to create a unique work of embroidered art. Learn how to follow a counted cross stitch pattern or design a pattern of your own. Develop skills using a variety of stitches including half cross, three-fourths cross, back stitch, and French knot. Learn to create your own patterns for beautiful personalized gifts. All class materials are provided.

# YOGA & DANCE

## Yoga Schedule

Instructor: *Sandy Larson*



Hatha yoga is a physical class that provides flexibility and strength with a calm mind, free of tension and stress. Yoga reverses the aging process, enhances balance and revitalizes life through poses, stretches and breathing exercises. Options and modifications are shown to take medical and physical conditions into consideration. Everyone is welcome! Mats and props are provided. Sandy is a certified yoga and Pilates fitness instructor.

## Yogalates

*(two consecutive 9-week sessions)*

Tuesday, January 10-March 6 and

Tuesday, March 13-May 8

5:30-6:30 p.m., \$90.00

Instructor: *Sandy Larson*

## Morning Cup of Yoga

*(two consecutive 9-week sessions)*

Wednesday, January 11-March 7 and

Wednesday, March 14-May 2

8:45-9:45 a.m., \$90.00

Instructor: *Sandy Larson*

## Oriental Dance (aka Belly Dance)

### Belly Dance Basics and Conditioning

*(two consecutive 9-week sessions)*

Tuesday, January 10-March 6 and

Tuesday, March 13-May 8

6:30-7:15 p.m., \$90.00

Instructor: *Sandy Larson*

Get fit and feel fabulous with the ancient art of belly dance that provides a total workout for the body, mind and spirit. Belly dancing is a thorough, non impact, fat burning workout, that tones and sculpts the body and promotes a positive mental attitude. This is a **basic class** where students learn the fundamentals of belly dancing. Hip scarves are provided to borrow or to purchase. Performance opportunities are also available. Sandy is a certified dance and fitness instructor.

## Belly Dance Choreography (two nine-week sessions)

Tuesday, January 10-March 6 and

Tuesday, March 13-May 8

6:30-8:00 p.m., \$100.00

Instructor: *Sandy Larson*

Get fit and feel fabulous with the ancient art of belly dance that provides a total workout for the body, mind and spirit. This intermediate class a thorough, non impact, fat burning workout, that tones and sculpts the body and promotes a positive mental attitude. Hip scarves are provided to borrow or to purchase. Group parties and family friendly performance opportunities are also available. The Fantasy of Trees, Rossini Festival, and Dogwoods Arts Festival are just a few of the performance opportunities available throughout the year. Sandy is a certified dance and fitness instructor.

## Hoop Fit, Bone Strong (two 6 week sessions)

Wednesday, January 18-February 23 and

Wednesday, March 12-April 6

3:00-3:45 p.m., \$36.00

Instructor: *Nancy Roberson*

Twenty five million people in the United states are affected by osteoporosis (bone density loss), 80% of these people are women. This 45 minute fitness class will focus on the cardio exercises, muscle conditioners, and balance poses that help increase bone density and help prevent osteoporosis. Hula hoops, resistance bands and yoga mats will be provided in this core strengthening class. Nancy is a certified personal trainer with 200 hours as a registered yoga instructor.

# HEALTHY FOOD

## PREPARATION WORKSHOPS

### Sassy Sun-dried Tomato Spread

Wednesday, February 29

5:00-7:00 p.m., \$25.00

Instructor: *Susan Arbutal*

In these hands on food preparation workshops, students will learn to make sensational tasting, highly nutritious organic recipes. They will receive all necessary ingredients and supplies to go home with a deli-

cious serving of what they prepared. Holistic nutrition nourishes every sense! It looks gorgeous, smells fresh, sounds crunchy and alive, and tastes sensational. Students need to bring a container for transporting their food, a chef's knife, apron, and rolling pin for pasta classes.

### Authentic Italian Pasta Making Technique, 101

Wednesday, March 28

5:00-7:00 p.m., \$25.00

Instructor: *Susan Arbutal*

Learn how to transform flour, egg, water and a secret ingredient or two into delicious, tender pasta noodles. Fresh from Casa Caponetti in the heart of the Tuscan country-side Susan shares a sample of her favorite tasting pasta with you. Students need to bring a container for transporting their food, a chef's knife, apron, and rolling pin for pasta.

### Healthy Spreads:Portobello Mushroom Pesto & Cranberry-Orange Chutney

Wednesday, April 4

5:00-7:00 p.m., \$25.00

Instructor: *Susan Arbutal*

These tempting spreads are sure to liven up your Easter holiday table! Susan will share the steps to creating her popular Portobello Mushroom Pesto and mouth-watering Cranberry-Orange Chutney.

Join this fun class as we cut, chop, and cook our way to these tasty holiday treats. Students should bring two containers to take home their delicious creations.



Stu-  
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### Stuffed Pasta 201

Wednesday, May 2

5:30-7:30 p.m., \$25.00

Instructor: *Susan Arbutal*

Susan shares her knowledge from Casa Caponetti in the Tuscan countryside with those interested in expanding their own Italian cooking expertise. Students will make two different stuffed ravioli dishes and will be provided with a variety of other recipes to create in their own kitchen. Participants will also tease their taste buds with a sampling of the delicious Italian treats. Students need to bring a container for transporting their food, a chef's knife, apron, and rolling pin for pasta.

### Girls Night Out, Healthy Food Prep Class

Want a unique, educational, fun and delicious time



### BIRTHDAY PARTIES AGES 5-105

Basic party \$50.00 / hour plus \$6.00 per person. Two hour minimum. For youngsters and those young at heart! For a special birthday party, invite your friends to join you at the craft center. We provide the artist/instructor and materials for a project of your choice. We decorate, clean up and make the day a special event for you and your friends to enjoy. You provide the refreshments and paper products. Please call the center several weeks in advance. Weekends and weekdays are available. For more information call 523-1401 and request a birthday flier.

### DANCE AND FITNESS PARTIES

For a fun and uniquely different party join us at the craft center. We offer private parties in ballet, jazz, creative movement, belly dancing, yoga or adult dance classes. Gentle yoga is also available complete with aromatherapy candles and soothing sounds. Following the class of your choice, join us in the general studio for refreshments and social time. Call several weeks in advance to book your group party.

865-523-1401



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