

# Knoxville Arts and Fine Crafts Center



Phone 865-523-1401  
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Bill Haslam, Mayor

Sam Anderson, Senior Director  
Operations and Efficiency

Joe Walsh, Director  
Knoxville Parks and Recreation

We had an incredibly busy and fun time at the craft center this summer. Many of our youth camps were sold out with creative students exploring the arts. Pottery, painting, yoga, and belly dancing were some of the adult favorites. Following a deep clean and some fresh paint to spruce things up, we're ready to entice you with some great new classes for fall.

The craft center is pleased to announce Mark Smothers and Mike Naney as our two featured artists this session. Mark's paintings will be on display through August. Mark

has been teaching oil painting classes with K.A.F.C.C. for the last eight years. His teaching style is encouraging and challenging for students of all levels. His commissioned pieces as well as his own unique designs are some of the best I've seen in the area. He has an incredible ability to capture his subjects remarkably well. From September through November, photographer Mike Naney will be our featured artist. His photography exhibit focuses on the beauty of earth and science. I was so impressed with Mike's portfolio I can't

wait to see the complete exhibit in it's entirety. This is one show you won't want to miss!

City employees remember that Knoxville Arts and Fine Crafts Center has a special rate just for you! Show us your city I.D. and receive a 25% discount off your next fitness class.

Hope to See You!  
Cathy

## Fall 2009

Monday	9:00-8:00
Tuesday	9:00-8:00
Wednesday	8:30-4:00
Thursday	9:00-8:00
Friday	8:30-4:00
Saturday	9:00-1:00

(Call to confirm Friday hours, due to staff meetings and outreach programming).

STAFF & INSTRUCTORS	TO REGISTER	CANCELLATIONS & REFUNDS
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- Cathy Maples*, Director
- Elise Murphy*, Art Specialist
- Jackie Mirzadeh*, Pottery
- Anna Gundlach*, Sculpture & Tile
- Mark Smothers*, Oil Painting
- Susie Holt*, Watercolor & Drawing
- Betty Fortenberry*, Acrylics
- L'Jon Papillion*, Stained Glass
- Kathy King*, Fused Glass / PMC
- Tina Rosling*, Knitting
- Nancy Roberson*, Fiber & Books
- Sandy Larson*, Dance and Yoga
- Anna Denison*, Music
- Susan Bernard*, Beading & Paper
- Clay Thurston*, Photography
- Mike Bensey*, Creative Movement

Call the Knoxville Arts and Fine Crafts Center at **523-1401**. Registration may be made by phone or in person at the center. Payments are due at the time of registration or within five working days if registering by phone. Please note that no student's space will be held without full payment. Cash or checks are accepted, no credit cards please. Due to the popularity of the classes, we will no longer prorate sessions. If you miss a class you will not be compensated.

We reserve the right to cancel any class with insufficient enrollment. Fees are 100% refundable if the class is canceled by Knoxville Arts and Fine Crafts Center, or if a student drops a course ten days prior to the class beginning. No refunds are given after that time.

### EXHIBITS

August  
Painting by: *Mark Smothers*

September-November  
Photography by: *Mike Naney*

### VISIT US ONLINE

[www.cityofknoxville.org/recreation/arts](http://www.cityofknoxville.org/recreation/arts)



## PRESCHOOL CLASSES

### Ages 3 1/2 -6, Pre-Ballet *Two consecutive sessions*

Tuesday, August 18-October 20 (10 weeks) \$87.00

Tuesday, October 27-December 15 (8 weeks)

\$70.00

4:30-5:15 p.m.

Instructor: *Sandy Larson*

This nine-week class is designed to instill in pre-schoolers the joy of dance as an art form. Students will learn proper technique, dance terms, and enhance movement as well as develop rhythm, motor skills, attention development and coordination. Our pre-ballet classes are theme based with each class centered around popular ballets and children's favorites. All students should wear leotards and tights, long hair should be pulled back.

### Ages 2-4, Yoga and Dance w/ Mom

Wednesday, August 19- September 23 &

Wednesday, September 30-November 4

9:15-9:45 a.m., \$60.00

Instructor: *Sandy Larson*

This six-week class is designed for moms and little ones to experience fitness, fun, and dance together. This unique fitness class is a perfect way to start your morning on a positive note. Yoga mats are provided. Wear comfortable clothing, bring a happy heart, and explore the world of dance and motion with your child.

### Ages 4-6, Introduction to Art

Friday, September 11-25 (3 weeks)

10:00-11:15 a.m., \$29.00

Instructor: *Elise Murphy*

Preschoolers will experiment with a variety of different art techniques during this three-day session. Our goal is to inspire the artist from within. Activities include painting, sculpture, and drawing. Elise will discuss primary colors and allow the students to make their own color wheel. Students will also learn basic drawing terms and experiment with shading and scale. Brown speckled clay will be used to create pinch pots with the student's original designs.

### Ages 4-6, w/ Parent Happy Halloween

Saturday, October 3

10:00-11:15 a.m., \$12.00

Instructor: *Elise Murphy*

Get ready for a grueling good time in this Halloween



their big night out trick-or-treating. First, they will design a sturdy canvas bag with fun pumpkins and bat shapes, perfect for holding your candy. Next, they will make some scary spiders to decorate around their front door to greet visitors. This is a class you won't want to miss.

### Ages 3-5, w/ Parent Tumbleweeds (3 sessions)

Thurs., Sept. 3, 10 & 17 or

Thurs., Oct. 1, 8 & 15 or

Thurs., Nov. 5, 12 & 19 10:00-10:45 a.m., \$25.00

Instructor: *Mike Bensey*

Preschoolers will hop, leap, jump and dance to the sound of playful music. They will mimic the movements of creepy creatures. Learning patterns, stretching and identifying colors will all be combined during this creative movement class. Bring your preschoolers and let their imaginations soar as they dance to the commands given by dance specialist and experienced ballet enthusiast, Mike Bensey. Mike has danced with The Appalachian Ballet Company and taught children for more than 20 years.

### Ages 4-6, w/ Parent Santa is Coming to Town

Friday, December 4

10:00-11:15 a.m., \$12.00

Instructor: *Cathy Maples*

It's that magical time of year again when we celebrate the season with loved ones. Join us at the craft center and design a beautiful set of matching ornaments to decorate your Christmas tree. Parent and child will also work together to make an adorable angel decoration to display in your home.

## YOUTH

### Ages 6-10, Beg. Ballet, Tap and Jazz

(two consecutive sessions)

Thurs., August 20-October 22 (10 weeks) \$87.00

Thurs., October 29-December 17 (8 weeks) \$70.00

4:30-5:30 p.m.

Instructor: *Sandy Larson*

This class focuses on the fundamentals of classical ballet and jazz complete with barre and floor work-out, stretching and combinations. Ballet will give the student grace and poise with tap and jazz allowing for creativity and freedom of movement. Sandy is a professional dancer and choreographer.

### Ages 10-Older, Pottery for Home School

Students or Beginner Adults

Monday, October 5-November 9 (6 weeks)

8:30-11:00 a.m., \$139.00

Instructor: *Cathy Maples*

In this six-week class students will experience throwing on the potter's wheel and hand building with clay. Learn the basics of how to wedge and center the clay. Students will make an assortment of different shaped vessels such as cups, vases, and bowls as well as a mask to use and enjoy. A variety of food safe glazes will be available to choose from. All pieces will be fired and ready for pick-up in approximately 10 days. *(Beginner adults also welcome without a child registered in class).*

### Ages 10-14, Painting, Fall Break Knox Co.

Friday, October 16

9:00 a.m.-4:00 p.m., \$30.00

Instructor: *Betty Fortenberry*

You no longer need to be intimidated by a blank canvas. Discover how to take your favorite subject or scene and turn it into a work of art. Students will learn the basics of drawing and composition while using different painting techniques. Expect not only to finish a complete painting, but to have fun in the learning process. A ghostly gourd and a 2" X 2" fall table topper decoration will be painted during class.

### Ages 11-15, Drawing

Monday, August 24-September 28 (5-weeks)

*(No class Sept. 7, Labor Day)*

4:00- 5:30 p.m., \$75.00

Instructor: *Elise Murphy*

Designed for the student with some prior drawing experience, this course is for those who wish to expand their observation and drawing skills. The first day we will create and bind our own sketchbooks. As the weeks goes on we will explore composition, shading, perspective and textures. Students will study a variety of live objects and still life props, as well as create from their own imagination. We will have some fun with optical illusions and then end the session by learning to build layers of color in different drawing mediums.

### Ages 10-Older, Mosaics for Home School

Students/ Parents

Monday, November 2, 9 & 16, (3 weeks)

1:00-4:00 p.m., \$70.00

Instructor: *Elise Murphy*

Students will learn the techniques for creating a beautiful decorative mosaic piece of art. First they

will draw their own original design onto a work board. Next, they will glue on an assortment of tiles, beads, shells, and found objects. A 15" X 15" grouted piece will be completed by the end of this session.

### Ages 7-12, Christmas Gifts to Give

Monday, December 21

9:00 a.m.-4:00 p.m., \$40.00

Instructor: *Cathy Maples & Elise Murphy*

Pack your lunch and spend the day with us! Christmas is just around the corner, and this class is perfect for students wishing to make their own gifts for loved ones. Students will create then wrap five-unique gifts to give to mom, dad, grandparents or friends. What we will be making is a surprise, so no questions please. Encourage your child to experience the joy of creating and giving from the heart! Students dress in older clothes, we will be painting.

## ADULT CLASSES

### Pottery : Intermediate Wheel Throwing, Session I

Mon., August 24-October 12, (7 weeks) *No class Sept. 7*

5:30 - 8:00 p.m., \$175.00 or

Wed., August 26-October 14, (8 weeks)

10:00 a.m.-12:30 p.m., \$200.00 or

Thursday, August 27-October 15 (8 weeks)

5:30-8:00 p.m., \$200.00

Instructor: *Jackie Mirzadeh*

Designed for the intermediate student only. This class will emphasize more advanced throwing skills on the potter's wheel. Functional forms such as pitchers, lidded pieces, and larger forms will be taught. Glazing, texture and decorating techniques will also be covered. Class includes up to 50 pounds of clay, use of tools, glazing and firing. (For students who purchase additional clay from the instructor, there is a \$40.00 fee per 25 pound bag to cover materials and firing fees).

### Pottery: Beg. & Inter. Wheel Throwing Session I

Tuesday, August 25-October 13 (8 weeks)

5:30-8:00 p.m., \$200.00

Instructor: *Jackie Mirzadeh*

Designed for the beginner or intermediate student, this class will emphasize throwing functional forms on the potter's wheel. Trimming, adding handles, decorative techniques and glazing will also be covered. Pieces are fired to cone 6 oxidation. Class fees include up to 50 lbs of clay, use of tools, glazes, firing and independent studio time. (For students who purchase additional clay from the instructor, there is a \$40.00 fee per 25 pound

bag, which includes firing).

### Pottery: Intermediate Wheel Throwing,

#### Session II

Mon., October 26-December 14, (8 weeks)

5:30 - 8:00 p.m., \$200.00 or

Wed., October 28-December 16 (8 weeks)

10:00 a.m.-12:30 p.m., \$200.00 or

Thursday, October 29-December 17 (7 weeks)

5:30-8:00 p.m., \$175.00

Instructor: *Jackie Mirzadeh*

Designed for the intermediate student only. This class will emphasize more advanced throwing skills on the potter's wheel. Functional forms such as pitchers, lidded pieces, and larger forms will be taught. Glazing, texture and decorating techniques will also be covered. Class includes up to 50 pounds of clay, use of tools, glazing and firing. (For students who purchase additional clay from the instructor, there is a \$40.00 fee per 25 pound bag to cover materials and firing fees).

### Pottery: Beg. & Inter. Wheel Throwing Session II

Tuesday, October 27-December 15 (8 weeks)

5:30-8:00 p.m., \$200.00

Instructor: *Jackie Mirzadeh*

Designed for the beginner or intermediate student, this class will emphasize throwing functional forms on the potter's wheel. Trimming, adding handles, decorative techniques and glazing will also be covered. Pieces are fired to cone 6 oxidation. Class fees include up to 50 lbs of clay, use of tools, glazes, firing and independent studio time. (For students who purchase additional clay from the instructor, there is a \$40.00 fee per 25 pound bag, which includes firing).

### Sculpture & Hand Building, Session I & II

Thurs., August 27-October 8 (7 weeks) &

Thurs., October 15-December 3 (7 weeks)

(no class Nov. 26, holiday)

11:00 a.m.-1:30 \$150.00

Instructor: *Anna Gundlach*

Learn sculpture technique while making a variety of objects such as handmade tiles, masks, pots, boxes, vases and more. Demonstration and personalized instruction allow all skill levels to work at their own pace and develop their own style. All pieces will be fired to 06. Surface enrichment

techniques will be taught. Class includes 25 lbs. of clay, instruction, use of tools and firing fees.

### Precious Metal Clay (Silver Jewelry)

Saturday, August 29

8:30 a.m.-12:30 p.m., \$90.00

Instructor: *Kathy King*

Precious metal clay (PMC), is a putty-like mix of silver powder, water, and binder that makes it possible for students to make real metal jewelry in a matter of hours. It can be molded and worked to make all kinds of jewelry, then dried and fired. When the water and binder are driven off you are left with a pure 99.9% silver piece. A variety of techniques will be demonstrated to include how to make pendants, earrings etc. You will only be limited by your imagination.

### Glass Jewelry Fusing Workshop

*Two classes to choose from:*

Saturday, September 12 8:30 a.m.-12:30 p.m. or

Tuesday, September 15 3:30-7:30 p.m., \$90.00

Instructor: *Kathy King*

During this one-day workshop, students will learn the basics of glass fusing. Students will make pendants and earrings using dichroic glass. They will learn how to cut, stack and glue their designs prior to firing. Following the firing, pieces will be mailed to the students within the week. The materials fee includes supplies to produce three or four pieces. Additional glass may be purchased from the instructor.

### Introduction to Seed Beading

Monday, October 5-26 (4 weeks)

5:30-7:00 p.m., \$60.00

Instructor: *Susan Bernard*

This class is for those who learn best hands-on. If you've tried to learn to work with these little beads from a book or magazine and just got frustrated- these classes are for you. Students can choose to make unique sample pieces such as bracelets, necklaces, and brooches or combine your small treasures into wearable art. We'll work together to learn one new stitch or technique each week. Students are encouraged to practice these stitches at home. All beads and materials are provided. Good eyesight or magnification glasses are necessary.

### Simple Book Making Two classes to choose from:

Monday, September 28 5:00-8:00 p.m. or

Saturday, October 24 9:00 a.m.-12:00 noon

*(Bookmaking continued)*

Instructor: *Nancy Roberson*

Students will learn basic book making techniques and create other individual one of a kind books. Students will make a lotus book, personal journal and storybook accordion fold book reflecting their own personal style.

### Adult Stained Glass Sampler

Saturday, September 19 & 26 (2 weeks)

8:30 a.m.-12:30 p.m., \$75.00

Instructor: *L'Jon Papillion*

Designed around your busy lifestyle, this class offers a quick way to learn the fundamental techniques needed to create stained glass panels. Pattern selection, preparation, cutting, grinding, foiling, leading, and soldering techniques are taught, **with all materials and tools supplied.** In eight hours you can have a completed "samplers" panel guaranteed to impress your family and friends! It's a perfect solution for those wishing to explore the art of stained glass without a large commitment of time and money. Students will meet Tuesday, Sept. 15 prior to class for an hour of preparation and questions.

### Advanced Stained Glass

Saturday, October 10-31 (4 weeks)

8:30 a.m.-12:30 p.m., \$125.00

Instructor: *L'Jon Papillion*

Explore the wonders of plating, complex cutting techniques, and decorative soldering in this stained glass class for advanced students. Prior experience in stained glass is required. Plating adds incredible depth to any panel and decorative soldering increases interest! Learn how to make those difficult cuts without destroying that "special" piece of glass. (A "pattern selection" meeting is scheduled for those who do not have a pattern in mind on Tuesday, October 6 from 6:00-7:00 p.m.) **All tools are supplied.** Metal purchases are available at cost from the instructor. Students are responsible for providing a work board and glass. If you are seeking to increase the level of expertise in your stained glass, this class is for you.

### Acrylic Painting *Two consecutive five-week classes*

Monday, July 27-August 24 &

Monday, Aug. 31-Oct. 5 (No class Sept. 7, holiday)

10:00 a.m.-12:00 noon, \$85.00

Instructor: *Betty Fortenberry*

You no longer need to be intimidated by a blank canvas! Discover how to take your favorite photo of a subject or scene and turn it into a work of art. Begin-

ning and intermediate students will learn everything from the basics of drawing and composition to painting technique style. Expect not only to finish a complete painting, but to have fun in the learning process. A 16" X 20" canvas, and acrylic paints are included in the class fee. Students should purchase their own brushes.

### Adult Watercolor *Two sessions*

Tuesday, July 28-September 1 (6 weeks) &

Tuesday, October 20-November 24 (6 weeks)

10:00 a.m. - 12:00 noon, \$85.00

Instructor: *Susie Holt*

An adult approach to basic glazing with color, modeling form with color, and creatively learning basic design composition will be covered. Primary colors will be used to learn principles of mixing colors. A painting should be completed by the end of this six-week session. Students should purchase their own brushes. Basic watercolor pallets and 9" X 11" watercolor paper provided. If students desire a larger painting or better quality paints feel free to bring your own.

### Adult Oil Painting *Two consecutive sessions*

Monday, September 14-October 19 (6 weeks) &

Monday, October 26-November 30 (6 weeks)

6:00-8:00 p.m., \$110.00

Instructor: *Mark Smothers*

This six-week course will be an introduction to oil painting, using traditional and contemporary styles. Students will learn to layer and create new colors. A 12" x 16" painting should be completed by the end of the session. All materials and use of brushes and canvas are included. Students should bring a magazine picture or photo to the first class for their subject.

### Adult Drawing *Two classes*

Tuesday, Sept. 8- Oct. 13 (6 weeks)

10:00 a.m.-12:00, \$85.00

Tuesday, December 1-15 (*3 weeks, mini session*)

10:00 a.m.-12:00 noon \$30.00

Instructor: *Susie Holt*

Students will focus on mark making by using line. With pencil and charcoal, students will do thumbnail sketches, contour drawing, gesture drawing, value, scale and shadowing. This six-week class is both for the beginner and intermediate student who has had some drawing experience. All materials are provided.

### Digital or (35 mm.) Photography

Tuesday, August 25-September 29 (6 weeks)

5:30-7:00 p.m., \$100.00

Instructor: *Clay Thurston*

This fun and educational session is for beginner and intermediate students. The basics of how to use your camera more efficiently will be covered as well as how to improve the images that you are taking. You will learn about those **numbers** that are intimidating to some people, and make those numbers work for you. Students will also learn about composing photographs...how to put a photograph together. Clay is a wildlife photographer, who has been teaching classes and workshops for over twenty years. Students need to provide their own cameras.

### Matte Cutting

Tuesday, October 6-27

5:30-7:00 p.m., \$100.00

Instructor: *Clay Thurston*

During this four-week session students will learn the process of how to cut single mats, double mats and multiple opening mats. This class is perfect for the photographer, watercolor or drawing student. A complimentary mat adds so much to showcase a wonderful piece of artwork. The instructor, Clay Thurston, has been matting for himself and others for over thirty years. All materials and use of mat cutters are provided.

### Basketry Series *six baskets to choose from:*

Fri, Sept. 11, 18, 25, Oct. 9, 30, Nov. 6

11:30 a.m.-2:00 p.m., \$35.00 ea. or \$180.00 all six or Sat., Sept. 12, 19, 26, Oct. 10, 31 Nov. 7

10:00 a.m.-12:30 p.m., \$35.00 ea. or \$180.00 all

Instructor: *Nancy Roberson*

Learn to weave beautiful 12"-14" baskets using a variety of different colored reeds. During these classes students will learn to make their own basket handles and discuss the history of baskets and their many functions. All materials are included to complete the project. Information about purchasing materials for future weaving projects will be shared.

Sept. 11 & 12, **Appalachian Ribbed Melon**

Sept. 18 & 19 **Appalachian Ribbed Wall**

Sept. 25 & 26 **Appalachian Hen**

Oct. 9 & 10 **Small Basket Variety**

Oct. 30 & 31, **Square Basket**

Nov. 6 & 7 **Round Basket**

## Hand Painted and Woven Paper Baskets

*(Examples on display at the center)*

Saturday, September 26

9:00 a.m.-12:30 p.m., \$45.00

Instructor: *Susan Bernard*

Learn the ancient art of basketry using colorful strips of hand-painted paper. Expect to complete a useable cocktail napkin size basket during the class. Choice of multiple colored papers you can further personalize in class and other supplies needed for the project are included in the fee. Requirements are good vision or magnification tool, and good dexterity.

## Knit and Purl

Monday, October 19-November 9 (4 weeks)

6:00-8:00 p.m., \$60.00

Instructor: *Tina Rosling*

Join us to learn the simple stitches needed to create any knitted garment. It all begins with knit and purl. Cast on your favorite color of yarn, loop it through the needles and before long you have your first potholder, then scarf, then sweater or mittens. You will be introduced to casting on and off, learning the knit and purl stitches, ribbing, increasing and decreasing, creating textured patterns and changing colors. All levels encouraged. Bring size 8 (US size) bamboo knitting needles, a skein or two of Lamb's Pride 100% wool yarn, (preferably from Loopville in Homburg), a notebook, patience and a mug for your favorite hot tea!

## Acrylic Jingle Bell Floor Cloth *(two classes available)*

Tuesday, November 3-17 (3 weeks)

4:30-8:00 p.m. \$69.00 or

Saturday, November 7-21 (3 weeks)

9:00 a.m.-12:30., \$69.00

Instructor: *Betty Fortenberry*

Paint a beautiful 2 X 3 Christmas floor cloth to accent a special place in your home. Students will use acrylic paint to make a cheerful holiday greeting floor cloth. (Sample on display at center). This unique piece of artwork would also make a great gift to give to someone special! All materials, instruction and pattern provided.



## Ages 16-Adult, Mandolin Lessons

Thursday, August 6-September 10 (6 weeks)

6:00-7:30 p.m. \$89.00

Instructor: *Anna Denison*

Everyone loves the sound of the mandolin! Students will start by learning to read a quick and logical form of playing called tablature and move on to basic chord charts. In no time you'll be picking! You will go home playing favorites like "Will the Circle be Unbroken" after the first class. Students will also learn some of the "signature" techniques that make the mandolin sound so familiar....the tremolo and double stops. You'll be pickin' before you know it! New mandolin rental available \$45.00 a session or purchase \$85.00 including gigbag and straps.

## Ages 16-Adult, Guitar Lessons

Thursday, 1Sept. 7-October 22 (6 weeks)

6:00-7:30 p.m., \$89.00

Instructor: *Anna Denison*

Dust off those guitars and let's make some music. During beginning guitar class we will start from scratch and learn some basic chords and strums that will allow us to play some of our favorite songs! You will go home strumming a well known tune the first lesson. We will also be learning some new ways of reading and playing music which is quick and easy. No musical experience is necessary, just a willing spirit to have a great time! (book/materials included). New guitar rental available \$45.00 a session or purchase \$100.00 including gigbags and straps.

## Ages 16-Adult, Banjo Lessons

Thursday, October 29-December 10 (6 weeks)

(no class Nov., 26, holiday)

6:00-7:30 p.m. \$89.00

Instructor: *Anna Denison*

During this time together students will learn an old style playing called up-picking. During this class we will familiarize ourselves with cords, reading tablature and rhythm! You will be up and picking the first night of class and never look back. We will play gospel songs, as well as learning many old standards like "Wildwood Flower". No musical experience necessary. New banjo rental available \$85.00 a session or purchase \$185.00 including gigbags and straps.

# YOGA & DANCE

## Yoga Classes

Instructor: *Sandy Larson*

Hatha yoga is a physical class that



provides flexibility and strength with a calm mind, free of tension and stress. Yoga reverses the aging process: enhances balance and revitalizes life through poses, stretches and breathing exercises. Options and modifications are shown to take medical and physical conditions into consideration. Everyone welcome! Mats and props are provided. Sandy is a certified yoga and pilates fitness instructor.

## Yogalates

Tuesday, August 4-October 6 (10 weeks) &

Tuesday, October 13-December 15 (10 weeks)

5:30-6:30 p.m., \$87.00

## Morning Cup of Yoga

Wednesday, August 5-October 7 (10 weeks) &

Wednesday, October 14-Dec. 16 (10 weeks)

8:45-9:45 a.m., \$87.00

Saturday, August 8-October 10 (10 weeks) &

Saturday, October 17-Dec.19 (10 weeks)

9:00-10:00 a.m., \$87.00

## Yoga Flow

Thursday, August 6-October 8 (10 weeks) &

Thursday, Oct.15-Dec. 17 (9 weeks)

(No class Nov.26, holiday)

5:45-6:45 p.m., \$79.00

## Orientele Dance (aka Belly Dance) Classes

Instructor: *Sandy Larson*

Get fit and feel fabulous with the ancient art of belly dance that provides a total workout for the body, mind and spirit. This class is a through non impact, fat burning workout and provides a positive attitude toward self and life. Hip scarves are provided to borrow or to purchase. Group parties and family friendly performances opportunities are available. Sandy is a certified dance and fitness instructor.

## Belly Dance Technique

Tuesday, August 4-October 6 &

Tuesday, October 13-December 15

6:30-7:30 p.m., \$87.00

## Belly Dance Choreography

Thursday, August 6-October 8 &

Thursday, October 15-December 17

6:45-7:45 p.m., \$87.00

### Christmas Angel Pins

Saturday, December 5

12:00 noon--1:00 p.m., \$29.00

Instructor: *Jane Anne*

Celebrate the Christmas season with Jane and her daughter Kim. Join them and make a whimsical wire angel pin approximately 3 "X 2 ". Students will use a 24 gauge wire and loop it into a unique angel design. Next, they will embellish the angel with seed beads and a small pearl bead. All materials are supplied. Wire available in gold and silver tones.

### BIRTHDAY PARTIES AGES 5-105

Basic party \$40.00 hr. / Creative movement or ballet \$45.00 hr. plus \$6.00 per person. Two hour minimum. For youngsters and those young at heart! For a special birthday party, invite your friends to join you at the craft center. We provide the artist/instructor and materials for a project of your choice. We decorate, clean up and make the day a special event for you and your friends to enjoy. You provide the refreshments and paper products. Please call the center several weeks in advance. Weekends and weekdays are available. For more information call 523-1401 and request a birthday flier.

### DANCE AND FITNESS PARTIES

For a fun and uniquely different party join us at the craft center. We offer private parties in ballet, jazz, creative movement, belly dancing, yoga or adult dance classes. Gentle yoga is also available complete with aromatherapy candles and soothing sounds. Following the class of your choice join us in the general studio for refreshments and social time. Call several weeks in advance to book your group party.

CALL TO REQUEST A PARTY

BROCHURE



Knoxville Arts and Fine Crafts Center

1127 Broadway, Suite B

Knoxville, TN 37917

