KAFCC Quarantine Embroidery Project

- To begin, loosen the embroidery screw and pop out the middle of the hoop so there are two pieces.
- Place the cut muslin fabric on the top of the middle hoop. Make sure to center your pattern in the middle of the hoop.
- Place the top piece of the hoop over the fabric and press down to hold the fabric in place.
- Tighten the embroidery screw
- Choose the color you want to start with first and thread it through the needle, leaving about a 2 or 3 inch tail
- Tie a knot at the end of the thread
- You are now ready to sew!!
- Once you’ve completed embroidering your pattern the finishing part is up to you! You can leave it on the hoop, turn it into a magnet, make it a hanging picture frame or finish it in a creative way of your own!
- Have Fun!! We can’t wait to see them when you’re finished!

3 Basic Embroidery Stitches

**Backstitch** - Make a single, straight stitch as long or short as you want. Continue along your pattern line, but come up a space ahead and bring your needle back down into the same hole at the end of the last stitch you made.
Make sense? You are bringing your stitch back to the end of the last one. Now you know what to do to make a neat, clean line.

*Check out KAFCC's online tutorial for more information about the backstitch: https://youtu.be/aV9mouj7xYk

**Satin Stitch**- Used for a space on your pattern that you want to fill in
- Start by bringing your needle up from behind your hoop, along the pattern line.
- Re-insert your needle directly across from your last exit point. You'll be making stitches that span all the way across the shape.
- Pull the thread all the way through, and there you have your first stitch in the process! Okay, now pay close attention to this next, important step:
- Start your next stitch across from, but not next to, the end of your last stitch. You'll do this every time. Don't try to make your next stitch come up right beside the end of the last one - there won't be enough fabric in between, and you'll have a little gap of fabric peeking through each stitch, when we want them as close to side-by-side as possible.
- Your next stitch will always start across from the end of the last one. This also means that the back of your fabric will look the same as the front!
- Now repeat these steps and stitch toward one end, getting smaller and smaller...yes, it can get tricky, but you can do it!

*Check out KAFCC’s online tutorial for more information about the Satin Stitch: https://youtu.be/b89gA4wJCsg

**French Knots**-
- You will need both hands, so set your hoop in your lap or work surface. With your non-needle hand pinch the thread a few inches from where it exits the fabric. Hold it taut with your hand not holding the needle (that's important).
- Wind the thread around the needle two or three times, depending on if you want a bigger or smaller knot. Continue the tension of the thread with your left hand (non-needle hand) to prevent it from uncoiling.
  IMPORTANT: Keep your hand holding the needle still while winding it with the thread in this step. Meaning, don't try to use your needle hand to do the wrapping by getting all twirly with your wrist. This is the first way your knot can go wrong!
- You've wound around the needle, the coil is pulled nice and taut. Next, (this is an important one) re-insert the tip of your needle just next to, but not into the same exit
point on your fabric. If you enter the same hole, your knot may pop all the way through and disappear when you finish. So, simply return at a point a little bit away from the exit point. Give the thread a little downward tug with that hand, so that the coil will tighten up, and slide down your needle to make a little bundle against the surface of your fabric.

- With your coil snugly held in position against the surface, now push your needle all the way through
- See? You've just pulled your needle, and the thread trailing behind it, down through the center of the coil that was wrapped around the needle. (Didn't work? Go back to step one and we'll go over it again.)

*Check out KAFCC’s online tutorial for more information about the French Knot: https://youtu.be/XSd1XYIhngE

**Options for Finishing Your Hoop**

**Leaving it on the hoop**- You can leave it on the hoop and whipstitch the felt to the back of your piece. For a tutorial on how to do this go to cutesycrafts.com and look up how to back an embroidery hoop with felt.
Magnet- Cut your patterned muslin into whatever shape you wish and cut your felt the same. Stitch your two pieces of fabric together using the whipstitch or blanket stitch. For a tutorial on the blanket stitch go to bluprint.com and search Top 10 Must-Know Stitches

Picture Frame- For a picture frame, sew your two pieces of fabric together using the whipstitch or the blanket stitch. Use the tutorials from above for those stitches. Sew in the piece of string that was added in your materials

*Check KAFCC’s online tutorial about how to get rid of pen marks & tying off a knot:
- https://youtu.be/jTaYGBIt78A
- https://youtu.be/o6QpGcUpy-0